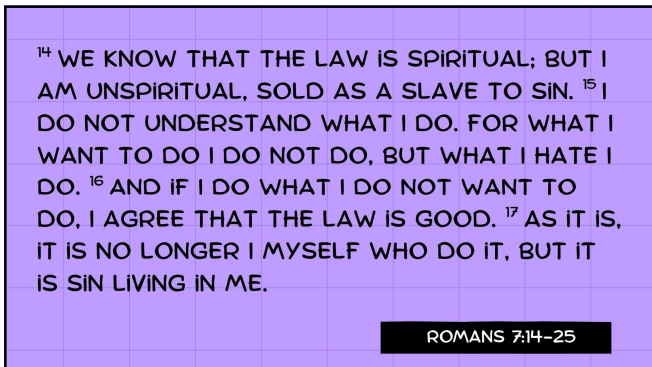




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3

¹⁸ FOR I KNOW THAT GOOD ITSELF DOES NOT DWELL IN ME, THAT IS, IN MY SINFUL NATURE. FOR I HAVE THE DESIRE TO DO WHAT IS GOOD, BUT I CANNOT CARRY IT OUT. ¹⁹ FOR I DO NOT DO THE GOOD I WANT TO DO, BUT THE EVIL I DO NOT WANT TO DO—THIS I KEEP ON DOING. ²⁰ NOW IF I DO WHAT I DO NOT WANT TO DO, IT IS NO LONGER I WHO DO IT, BUT IT IS SIN LIVING IN ME THAT DOES IT.

ROMANS 7:14-25

4

²¹ SO I FIND THIS LAW AT WORK: ALTHOUGH I WANT TO DO GOOD, EVIL IS RIGHT THERE WITH ME. ²² FOR IN MY INNER BEING I DELIGHT IN GOD'S LAW; ²³ BUT I SEE ANOTHER LAW AT WORK IN ME, WAGING WAR AGAINST THE LAW OF MY MIND AND MAKING ME A PRISONER OF THE LAW OF SIN AT WORK WITHIN ME.

ROMANS 7:14-25

5

²⁴ WHAT A WRETCHED MAN I AM! WHO WILL RESCUE ME FROM THIS BODY THAT IS SUBJECT TO DEATH? ²⁵ THANKS BE TO GOD, WHO DELIVERS ME THROUGH JESUS CHRIST OUR LORD!

ROMANS 7:14-25

6

MARKERS OF MATURITY: SELF-CONTROL *  *

7

¹³ YOU, MY BROTHERS AND SISTERS, WERE CALLED TO BE FREE. BUT DO NOT USE YOUR FREEDOM TO INDULGE THE FLESH; RATHER, SERVE ONE ANOTHER HUMBLY IN LOVE. ¹⁴ FOR THE ENTIRE LAW IS FULFILLED IN KEEPING THIS ONE COMMAND: "LOVE YOUR NEIGHBOUR AS YOURSELF." ¹⁵ IF YOU BITE AND DEVOUR EACH OTHER, WATCH OUT OR YOU WILL BE DESTROYED BY EACH OTHER.

GALATIANS 5:13-26

8

¹⁶ SO I SAY, WALK BY THE SPIRIT, AND YOU WILL NOT GRATIFY THE DESIRES OF THE FLESH. ¹⁷ FOR THE FLESH DESIRES WHAT IS CONTRARY TO THE SPIRIT, AND THE SPIRIT WHAT IS CONTRARY TO THE FLESH. THEY ARE IN CONFLICT WITH EACH OTHER, SO THAT YOU ARE NOT TO DO WHATEVER YOU WANT. ¹⁸ BUT IF YOU ARE LED BY THE SPIRIT, YOU ARE NOT UNDER THE LAW.

GALATIANS 5:13-26

9

¹⁹ THE ACTS OF THE FLESH ARE OBVIOUS: SEXUAL IMMORALITY, IMPURITY AND DEBAUCHERY; ²⁰ IDOLATRY AND WITCHCRAFT; HATRED, DISCORD, JEALOUSY, FITS OF RAGE, SELFISH AMBITION, DISSENSIONS, FACTIONS ²¹ AND ENVY; DRUNKENNESS, ORGIES, AND THE LIKE. I WARN YOU, AS I DID BEFORE, THAT THOSE WHO LIVE LIKE THIS WILL NOT INHERIT THE KINGDOM OF GOD.

GALATIANS 5:13-26

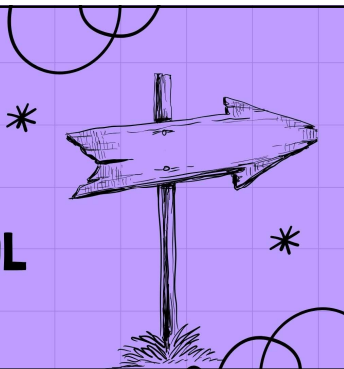
10

²² BUT THE FRUIT OF THE SPIRIT IS LOVE, JOY, PEACE, FORBEARANCE, KINDNESS, GOODNESS, FAITHFULNESS, ²³ GENTLENESS AND SELF-CONTROL. AGAINST SUCH THINGS THERE IS NO LAW. ²⁴ THOSE WHO BELONG TO CHRIST JESUS HAVE CRUCIFIED THE FLESH WITH ITS PASSIONS AND DESIRES. ²⁵ SINCE WE LIVE BY THE SPIRIT, LET US KEEP IN STEP WITH THE SPIRIT. ²⁶ LET US NOT BECOME CONCEITED, PROVOKING AND ENVYING EACH OTHER.

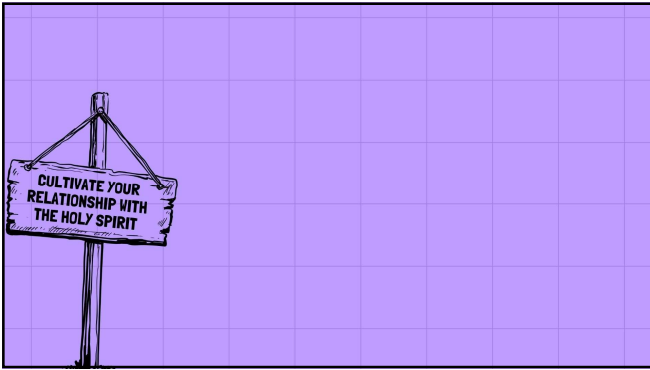
GALATIANS 5:13-26

11

MARKERS OF MATURITY: SELF-CONTROL



12

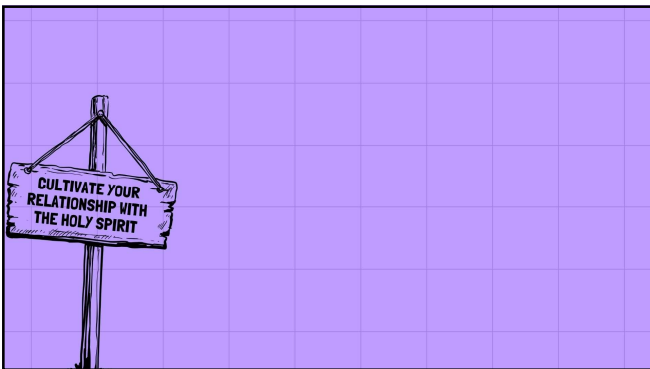


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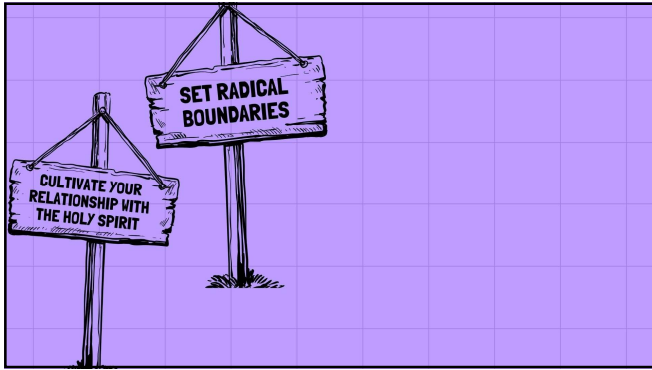
8 FINALLY, BROTHERS AND SISTERS, WHATEVER IS TRUE, WHATEVER IS NOBLE, WHATEVER IS RIGHT, WHATEVER IS PURE, WHATEVER IS LOVELY, WHATEVER IS ADMIRABLE—IF ANYTHING IS EXCELLENT OR PRAISEWORTHY—THINK ABOUT SUCH THINGS.

PHILIPPIANS 4:8

14



15

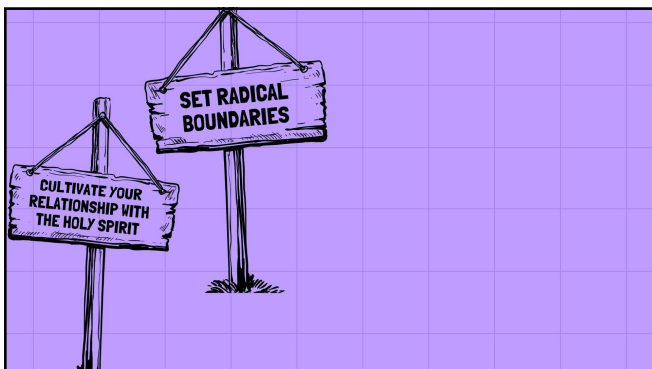


16

²⁹ IF YOUR RIGHT EYE CAUSES YOU TO STUMBLE, GOUGE IT OUT AND THROW IT AWAY. IT IS BETTER FOR YOU TO LOSE ONE PART OF YOUR BODY THAN FOR YOUR WHOLE BODY TO BE THROWN INTO HELL. ³⁰ AND IF YOUR RIGHT HAND CAUSES YOU TO STUMBLE, CUT IT OFF AND THROW IT AWAY. IT IS BETTER FOR YOU TO LOSE ONE PART OF YOUR BODY THAN FOR YOUR WHOLE BODY TO GO INTO HELL.

MATTHEW 5:29-30

17

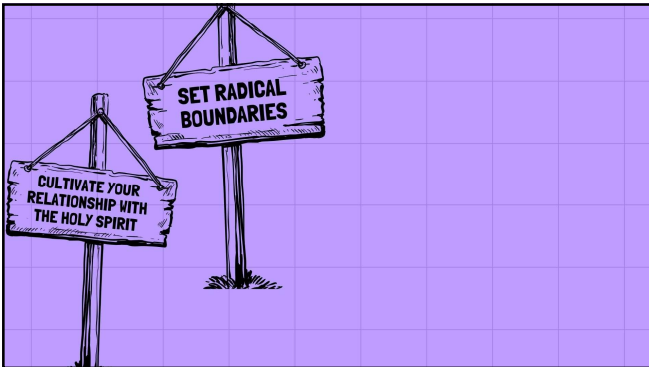


18

²² FLEE THE EVIL DESIRES OF YOUTH AND PURSUE RIGHTEOUSNESS, FAITH, LOVE AND PEACE, ALONG WITH THOSE WHO CALL ON THE LORD OUT OF A PURE HEART.

2 TIMOTHY 2:22

19



20



21

¹⁶ THEREFORE CONFESS YOUR SINS TO EACH OTHER AND PRAY FOR EACH OTHER SO THAT YOU MAY BE HEALED. THE PRAYER OF A RIGHTEOUS PERSON IS POWERFUL AND EFFECTIVE.

JAMES 5:16

22



23



24

¹² THEREFORE, MY DEAR FRIENDS, AS YOU HAVE ALWAYS OBEYED—NOT ONLY IN MY PRESENCE, BUT NOW MUCH MORE IN MY ABSENCE—CONTINUE TO WORK OUT YOUR SALVATION WITH FEAR AND TREMBLING, ¹³ FOR IT IS GOD WHO WORKS IN YOU TO WILL AND TO ACT IN ORDER TO FULFIL HIS GOOD PURPOSE.

PHILIPPIANS 2:12-13

25



26



27
